

Did You Know...



*Endodontics
of Malden*

Efficient Endo In a Nutshell

- A.** Study the pre-op film and trace the RC system.
Case selection is the key to enjoyable endo! On the radiograph, look for fast breaks, calcified canals, curvature of the canal, extra canals.
- B.** Enter the canals with a #6 K files with Pro-lube or other lubricant.
- C.** Get a measurement with the apex locator.
- D.** Take the first rotary file to apex. If tight then, go backwards and use the Pathfile or Pro-Glider.
- E.** Remove caries and build up the missing wall - create a container for the irrigating solutions.
- F.** After caries removal, etch the dentine and place a permanent composite filling in a way that you drop into the orifices. This way you do not have to look for the orifice every time you place the next file in.
- G.** Complete instrumentation
 - Start with S1 protaper.
 - Take S1, S2 and F1 to the apex.
 - F2 goes 2 mm short of apex locator readings and F3 not more than past the middle 1/3 of the canal.
 - S1 to the apex- confirm with Apex locator)Remember that the files are used in a brushing motion AWAY from the furcation area
- H.** Check that #30 Hedstrom reads at the apex.
(Trust the apex locator)
- I.** Endo-activator, dry the canal system and fill.



Dr. Jacinta Fernandes



Dr. Priya Singh

To learn more about our
Tricks of the Trade, please email:
contactus@maldenendo.com